

CMS Nursing Home Culture Change Initiatives

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Region IX

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National Quality Improvement Overview

- a) **Increasing partnerships between nursing homes QIOs – Focusing on problematic issues**
- b) **Expanding connections with State Survey Agencies, NHs, residents/family members to accelerate nursing home improvements**
- c) **Strengthening regulatory and enforcement activities**

Nursing Home Compare

<http://www.medicare.gov>

- **Nursing Home Compare website one of CMS's most popular with 13 million hits in 2004**
- **Available now in Spanish**
- **Maps and directions to facilities included**
- **Weight loss in long-term/chronic care patients added in November 2004**
- **Improved staffing information and immunizations by early 2006**

Nursing Home Compare Results

- Long term (chronic) prevalence of pain:
 - Improvements occurred in all states
 - Average improvement was 38%
 - NHs working with QIOs improved 49%

SCORES	National	
2 nd Qtr 2002	10.67	
2 nd Qtr 2004	6.67	
Change	(4.00)	

Nursing Home Compare Results

- **Short-stay (post acute) prevalence of pain:**
 - Improvements in 96% states
 - Average improvement of 11%
 - NHs working with QIOs improved 18%

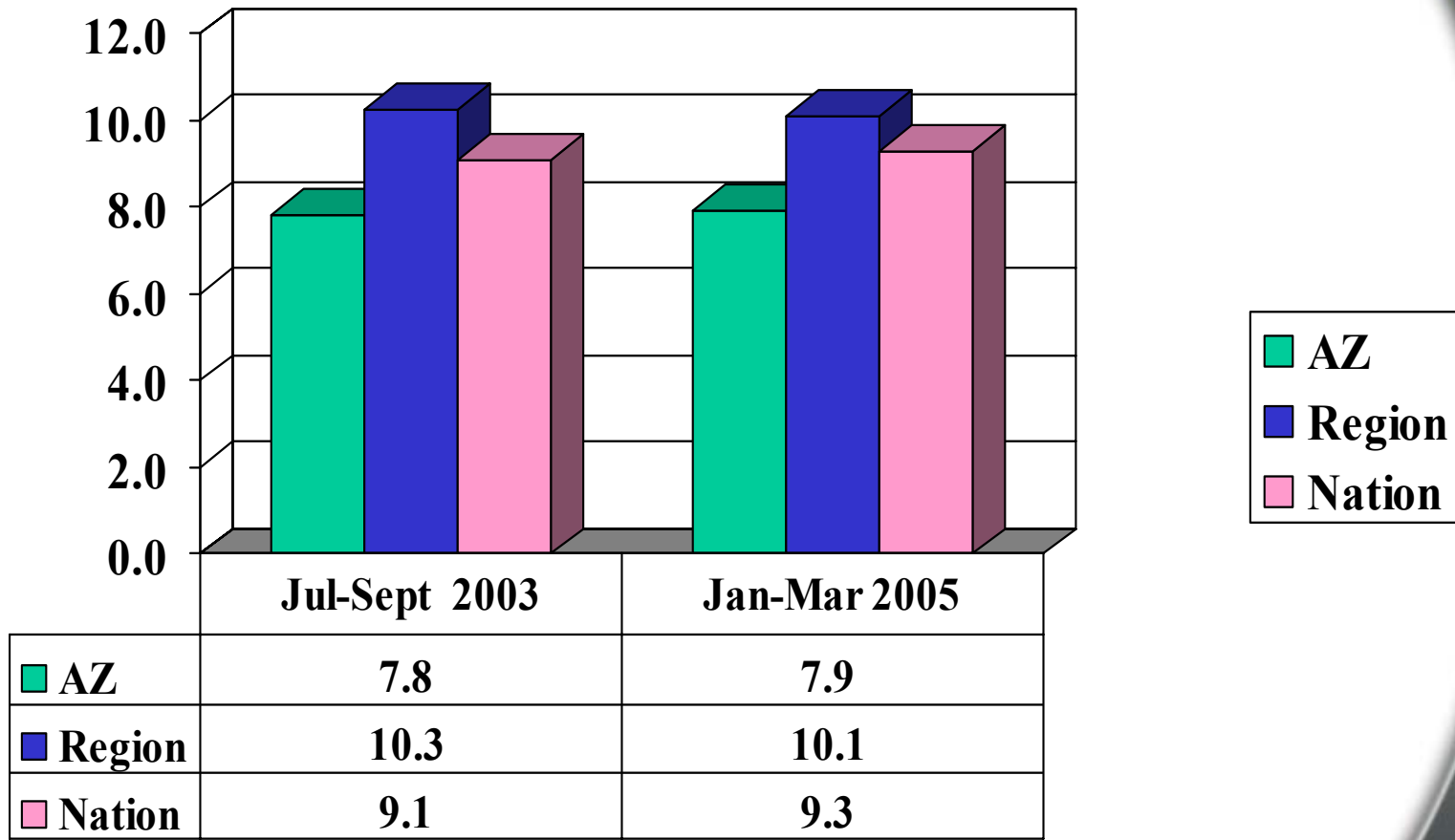
SCORES	National
2nd Qtr 2002	25.42
2nd Qtr 2004	22.14
Change	(3.28)

Nursing Home Compare Results

- Use of physical restraints:
 - Improvements in 46 states
 - Average decrease in restraint use of 23%
 - NHs working with QIOs improved 33%

SCORES	National
2 nd Qtr 2002	9.72
2 nd Qtr 2004	7.50
Change	(2.22)

% of Nursing Home Residents With Pressure Sores



SOURCE: Facility-level QM data matched to OSCAR records (unsuppressed/unrounded).

Breakthrough Initiatives

- **Two Government Performance and Results Act (GPRA) goals are in nursing homes:**
 - Reduce number of pressure ulcers
 - Reduce number of unnecessary restraints (restraint rate in AZ—currently 9%)
 - Increase collaboration between CMS, State survey agencies, QIOs
 - Take advantage of the great opportunities for guidance and improvement!

Other News: S&C 05-22

Updated Computer Specifications

- S&C 05-22 issued March 10, 2005
 - <http://www.cms.hhs.gov/medicaid/survey-cert/sc0522.pdf>
- New CMS software will be implemented Jan. '06
- All Nursing Homes and HHAs must meet new minimum requirements by December 2005
 - Up to 1/3 of NHs will need to upgrade
 - Necessary to transmit MDS information
 - At least Windows 2000 or XP
 - Browser: Internet Explorer version 5.5
 - Questions? Lori Anderson: 410-786-6190 or LAnderson1@cms.hhs.gov

Minimum Data Set

- MDS 3.0
 - National testing will begin spring 2006
 - National implementation probably 2007
 - Recent 06/15/05 MDS 2.0 changes

Regulatory & Enforcement

- Revised survey process (Quality Indicator Survey)
 - To improve detection of abuse, malnutrition, dehydration, pressure ulcers and ineffective drug use
 - Less paper, greater use of on-site computer technology
 - Pilot Surveys – Fall '05, (CA, CO, CT, KS, & OH)
 - Full national implementation, sometime 2007

Regulatory & Enforcement: consistency in deficiency findings

- Enhanced guidance on LTC Health Quality Standards for Web-based SOM
 - 1) Guidance to surveyors at F-314 (pressure sores) was released 11/19/2004:
 - 2) New guidance for F- 315 (Urinary Incontinence) issued 06/27/2005:

http://www.cms.hhs.gov/manuals/107_som/som107ap_pp_guidelines_ltc.pdf

Dual Eligible Population

- **Almost 1 in 4 dual eligible beneficiaries lives in a nursing facility**
- **January 1, 2006, Medicare (instead of Medicaid) will pay for prescription drugs for dual eligible populations**
- **If dual eligible beneficiaries don't choose a plan, by Jan. 1, 2006, CMS will automatically enroll into a prescription drug plan (PDP)**

Addressing Challenges of PDPs

- **Auto-enrollment prevents dual eligible populations from losing prescription coverage**
- **CMS requires PDPs to have extensive network to include LTC pharmacies**
- **Formularies include specific considerations for “typical” LTC prescriptions (e.g., IV and infusion therapies)**
- **Beneficiaries can appeal restrictions in a PDP’s formulary**

CMS Call to Action

- **CMS Education Campaign – for beneficiaries and providers**
- **Nationally, we need to reach over 42 million Medicare beneficiaries**
- **We cannot do it alone**
- **Developing extensive partnership list including Social Security**
- **Requesting assistance from every group / organization that interfaces with the beneficiary population**

Two CMS Websites

- www.medicare.gov
 - Includes information for the general public including: Nursing Home Compare
- www.cms.hhs.gov
 - Includes information for providers, professionals, and CMS employees including the previously mentioned SOM and...
 - <http://www.cms.hhs.gov/quality/nhqi>
 - Nursing Home Quality Improvement details
 - www.cms.hhs.gov/opendoor
 - SNF Long Term Care Open Door Forum (Usually the last Thursday of each month 11AM-12noon - Pacific time)

Information Sources

- **Region IX Stakeholder Calls**
 - Every 3rd Thursday from 2-3pm
 - Next Call on August 18, 2005
 - Dial: 888-452-0273
 - Pass Code: Stakeholder Call
 - Leader: Jeff Flick
 - Register for “CMS Region IX Stakeholder” ListServ at www.cms.hhs.gov/maillinglists.gov for details before and after each call



Thank you!

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