



Arizona Nursing Home Collaborative Workgroup Meeting Learning Session 4 Pre-/Post-Test

- 1. The following can be considered alternate treatments for pain management:**
 - a. Reiki
 - b. Relaxation/Meditation
 - c. Psychosocial intervention
 - d. All of the above

- 2. Side rails can be restraints and mobility devices at the same time.**
 - a. True
 - b. False

- 3. What does NHIFT stand for?**
 - a. Nursing Home Information Technology
 - b. Nursing Home Improvement Feedback Tool
 - c. Swift completion of a task
 - d. None of the above

- 4. Iatrogenesis is Greek in origin and refers to:**
 - a. The beginning of life.
 - b. Restraints.
 - c. A clinical problem caused by clinical treatment.
 - d. None of the above.

- 5. The Pain Faces Scale is also referred to as the:**
 - a. PAINAD Scale.
 - b. Hamilton Scale.
 - c. Wong-Baker Scale.
 - d. Norton Scale.

- 6. Depression screening should occur within _____ of admission.**
 - a. 24 hours
 - b. 48 hours
 - c. 7 days
 - d. You should not screen residents for depression.



7. On March 10, 2006, the FDA released “Guidance for Industry and FDA Staff—Hospital Bed System Dimensional and Assessment Guidance to Reduce:”

- a. Pressure ulcers.
- b. Side rail entrapment.
- c. Fall risk.
- d. None of the above.

8. Which of the following is a depression screening tool:

- a. Braden Scale
- b. Norton Scale
- c. Cornell Scale
- d. You should not screen residents for depression.

9. The following are possible effects of pain in the elderly:

- a. Impaired mobility (slows rehabilitation)
- b. Decreased socialization
- c. Poor food intake and malnutrition
- d. No effect: “Pain is weakness leaving the body” —USMC
- e. a, b, and c only

10. Per F314, pressure ulcers can develop within 2-6 hours:

- a. True
- b. False

Completed by:

- a. Administrator
- b. Director of Nursing
- c. MDS Coordinator
- d. Nurse
- e. CNA
- f. Other: _____

Your unique “four digit ID” _____

This number will be used to identify your Pre- and Post-Tests. Make sure you use the same number for both tests, and make number easy to remember (i.e., part of your phone number, address, birth date, etc.).