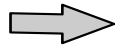


Way of Inquiry

Phase 1
Irritant

- Live with it
- Can't quite put my finger on it

Internalize the "no" (rationalize the reasons it can't change)
Accept the "no"
Impose the "no"



Phase 2
Catalyst

- outside influence
- internal influence
- tipping point

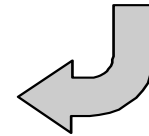
Prompts us to begin to ask questions



Phase 3
Awakening

- become aware that there is the necessity or possibility of something different (dawn of hope)

Can't any longer ignore it



Hope vs. Despair



Choosing hope:
-Gives rise to growth and our greatest humanity

Choosing despair:
-Produces resignation and surrender



Phase 4
Action Step

- now ready to ask the questions that have been suppressed



Immobilization
Absence of Growth or action

- continue the current process

