

# Nursing Home STAR Site

## Setting Targets—Achieving Results

### Quick Start Instructions

The Setting Targets—Achieving Results (STAR) site is a free site available to all Medicare/Medicaid-certified nursing homes. STAR allows you to view your nursing home's quality measure (QM) data for four topics and then set annual targets. To set targets for high-risk pressure ulcers, physical restraints, depression, and chronic care pain, follow these simple steps:

1. Open a Web browser and go to **www.nhqi-star.org**.
2. Create an account using your Medicare/Medicaid provider number by clicking on **'Create an Account'** in the top navigation bar.
3. Once you create an account, enter the requested user name, password, and contact information to complete your facility's profile. Click **'Save'** to store your information.
4. Click on **'My Data Comparison'** in the left navigation bar to view your facility's QM trend reports. The trend reports show QM data to a tenth of percent.
5. To browse targets, click **'My Target Setting'** in the left navigation bar and select a performance-based or fill-in-the-blank method for target setting. When selecting a target, think about what is achievable. What can your nursing home achieve in a year?
6. Once you've identified an achievable target, enter the target in the blank provided and click **'Submit.'** You can track progress towards your targets by revisiting the **'My Data Comparison'** page.)

What's next?

- To achieve your targets, you may want to raise awareness and implement quality improvement (QI) related to these topics. For ideas and materials, click on **'Help'** to download the **Nursing Home Toolkit** or visit **www.MedQIC.org** to access free tools.
- To revise your current target, or set a new one, simply login to the STAR site and click on **'My Target Setting'** again. A revised target will replace your existing one; a new target will take effect the first day of the next quarter.

NOTE: Your targets are confidential and are intended for internal QI. Targets will not be used by your state survey and certification agency, the Centers for Medicare & Medicaid Services, or publicly reported.

*Questions? Click **'Help'** on the STAR site to download an electronic copy of the Nursing Home Toolkit, which contains helpful information and resources, or to contact your state QIO for assistance.*