

## Worksheet D: Goal Setting

- A goal is a clear statement of the intended improvement and how it is to be measured.
- Use your goal statement to stay focused, to establish boundaries for what is and is not included in your team's work, and to define success.
- Post your goal where it is visible at every team meeting.

### Write a goal for improvement:

- Your goal should:
  - Answer the question, "What do you want to accomplish?"
  - Be measurable.
  - **Be short** so that everyone can remember it.
- Does *not* include *how* you will achieve goal.
- May include a beginning and end date.
- Your goal may be taken directly from an item on the Facility-Assessment checklists.

*Example: Increase number of care plans that provide for medication on a regular schedule (e.g., around the clock), not just PRN, (for residents with daily pain) from 50% to 75% over the next two months.*

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